

### **Medical Commission Report for Council meeting (1st and 2nd Quarter)**

The Medical Commission, in conjunction with the Local Organizing Committee, successfully conducted doping tests at the 2020 Women's World Chess Championship Match in Shanghai, China. Further doping tests were conducted at the Candidates Tournament which was held in Moscow, Russia. It was not possible to send a Medical Commission representative to the 2020 FIDE Candidates tournament due to travel restrictions which were necessitated by the Novel Coronavirus pandemic, however, the doping control was planned and coordinated by the Medical Commission and executed by the appointed NADO in conjunction with the Local Organizing Committee and FIDE. The Medical Commission also wrote the Medical Security Policy and Protocol which was used at the FIDE General Assembly in Abhu Dhabi as well as at the 2020 Candidates tournament, to safeguard players, officials, media and other participants against the spread of the Novel Coronavirus at the Candidates Tournament.

The Medical Commission is also part of the team that is preparing for the first ever FIDE Paralympiad which was scheduled for Khanty-Mansiysk but has been scheduled to next year due to the Covid-19 pandemic. The Medical Commission, through its chairman, is the chair of the Paralympiad Classification Commission and drafted the responsibilities of the Classification Commission as well as the work plan for the classification commission for the Paralympiad.

The Medical Commission's planned participation at the 2020 Annual WADA Symposium in Laussane, Switzerland was cancelled because of the ongoing Novel Coronavirus pandemic. This pandemic has affected many other planned activities by FIDE and the Medical Commission.

The Medical Commission remains committed to assisting FIDE to make sure that Chess is played in a clean and drugs free environment as well as to educate players and officials on the importance of drugs free sports. The Medical Commission is also committed to assisting the National Chess Federations as well as FIDE to make sure that transmission of the Novel Coronavirus is minimized at Chess events around the World. In that spirit, the Medical Commission has written a medical protocol to prevent transmission of the Novel Coronavirus at Major FIDE events as well as for other chess events around the world.

The Medical Commission is currently writing the new FIDE Antidoping rules in line with the 2021 WADA Code. The Medical Commission is also making plans for educational activities which will take place in Europe, Asia, the Americas and Africa.

Dr Marape Marape  
Chairman – FIDE Medical Commission

25/05/2020

## **MEDICAL SECURITY POLICY AND PROTOCOL FOR UPCOMING OVER-THE-BOARD CHESS EVENTS**

FIDE continues to closely monitor the corona virus disease (covid-19) pandemic which was first reported in Hubei, China on 31<sup>st</sup> December, 2019.

In view of the danger posed by the covid-19 pandemic, FIDE, through its Medical Commission, has developed a medical security policy and protocol which is aimed at minimizing chances of transmission of the Novel Corona virus at future over-the-board chess events during 2020 and beyond. Going forward, FIDE will continue to monitor the Covid-19 pandemic and respond accordingly.

**The following measures shall be put in place at upcoming over-the-board chess events, to prevent the possible spread of the Novel Corona virus and protect the participants against infection:**

### **OBLIGATION**

Organisers, players, arbiters and other officials should comply with their respective national legislation on Covid-19 crisis management of the country in which the chess event takes place.

### **RECOMMENDATIONS**

- 1. In view of the still ongoing Covid-19 pandemic in several parts of the world, it is recommended to restart chess activities at Regional Level with small scale events with limited participants.**
  - This shall make it easier to manage the risk of transmission of the novel Coronavirus and allow for larger events to be held in future as the risk of transmission continues to go down with the diminishing pandemic.
  
- 2. Playing halls shall not be overcrowded and there shall be sufficient physical separation (social distancing) between people (at least 1 metre). Tables shall also be at least 1 metre apart.**
  - This shall minimize the chances of possible transmission of covid-19 virus between participants.
  
- 3. There shall be No (preferably) or very few spectators allowed in the playing halls. Players shall leave the playing hall by the end of their game.**

- This is meant to minimize the risk of transmission of the Novel corona virus by minimizing the number of people in close proximity with each other in the playing venue.

**4. All Chess sets (boards, pieces and clocks), tables and chairs shall be cleaned (with clean water and soap or sanitizer or disinfectant) beforehand and after each round.**

- Studies have shown that the Novel Corona virus can survive on surfaces for many hours. Cleaning the chess sets, tables and chairs shall minimize the possible transmission of the Novel corona virus

**5. There shall be easy access to facilities for participants to wash hands with clean running water and soap or alcohol-based hand sanitizer. Upon entering and exiting the playing hall and during the breaks, participants must wash or disinfect their hands.**

- Participants shall frequently wash their hands with clean running water and soap or alcohol-based hand sanitizers in order to reduce chances of infection with the Novel corona virus.

**6. All players, arbiters and officials shall wear masks.**

- Participants must use masks to avoid possible spread of the Novel corona virus.
- It should be noted that masks are effective only when used in combination with frequent hand-cleaning with alcohol-based hand rub or soap and water.
- If you wear a mask, then you must know how to use it and dispose of it properly.
- Before putting on a mask, clean hands with alcohol-based hand rub or soap and water.
- Cover mouth and nose with mask and make sure there are no gaps between your face and the mask.
- Avoid touching the mask while using it; if you do, clean your hands with alcohol-based hand rub or soap and water.
- To remove the mask: remove it from behind (do not touch the front of mask).

**7. The playing halls shall have proper and well-functioning ventilation and air circulation with fresh air intake. It is not recommended any tournaments in rooms without proper ventilation. Outdoor chess activities are recommended.**

- This measure will ensure that the air in the playing halls is fresh and that the playing halls have rapidly circulating air at all times to minimize the risk of transmission of the Novel corona virus.

8. **During coffee/lunch breaks and communal meals special measures shall be put in place to minimize overcrowding and to avoid too much close personal contact between participants.**
  - This shall also minimize the likelihood of spread of the Novel corona virus.
9. **In the toilet facilities adequate cleaning and disinfection of the premises and constant ventilation must be ensured. Participants should move in such a way that a distance of at least 1 metre is observed at all times.**
10. **It is recommended that players sign a declaration about the absence of respiratory signs. In the declaration the player should also declare that he/she is aware of the possible risk of transmission of the novel coronavirus during the chess event but they are willing to participate nonetheless.**

**In addition to the above measures, events participants (players/officials/press/spectators) are encouraged to practice the following personal protection behaviors in order to protect themselves and others from infection with the Novel coronavirus.**

## **HOW TO PROTECT YOURSELF AGAINST THE NOVEL CORONAVIRUS (COVID-19)**

### **1. Wash your hands frequently**

Wash your hands frequently with soap and water or use an alcohol-based hand rub if your hands are not visibly dirty.

**Why?** Washing your hands with soap and water or using alcohol-based hand rub eliminates the virus if it is on your hands.

### **2. Practice respiratory hygiene**

When coughing and sneezing, cover mouth and nose with flexed elbow or tissue – discard tissue immediately into a closed bin and clean your hands with alcohol-based hand rub or soap and water.

**Why?** Covering your mouth and nose when coughing and sneezing prevent the spread of germs and viruses. If you sneeze or cough into your hands, you may contaminate objects or people that you touch.

### **3. Maintain social (physical) distancing**

Maintain at least 1metre (3 feet) distance between yourself and other people, particularly those who are coughing, sneezing and have a fever.

**Why?** When someone who is infected with a respiratory disease, like 2019-nCoV, coughs or sneezes they project small droplets containing the virus. If you are too close, you can breathe in the virus.

**4. Avoid handshakes, hugs, kisses on the cheek and other close personal contact with fellow players/officials and other persons present**

**Why?** Covid-19 is spread via coming into contact with infected droplets and the above actions can expose you to infection with covid-19 if your close contact is infected.

**5. Avoid touching eyes, nose and mouth**

**Why?** Hands touch many surfaces which can be contaminated with the virus. If you touch your eyes, nose or mouth with your contaminated hands, you can transfer the virus from the surface to yourself.

**6. If you have fever, cough, sore throat and difficulty breathing, seek medical care early**

**Why?** Whenever you have fever, cough, sore throat and difficulty breathing it's important to seek medical attention promptly as this may be due to a respiratory infection or other serious condition. Respiratory symptoms with fever can have a range of causes, and depending on your personal travel history and circumstances, Covid-19 could be one of them.